

Full Report (All Nutrients) 45127028, SUNSHINE CHEEZ-IT SNACK MIX ORIGINAL 40OZ, UNPREPARED, GTIN: 00024100921904

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Kellogg Company US

Nutrient	Unit	Data points	Std. Error	0.5 Cup 30g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	140	467
Protein	g	--	--	3.00	10.00
Total lipid (fat)	g	--	--	4.50	15.00
Carbohydrate, by difference	g	--	--	20.00	66.67
Fiber, total dietary	g	--	--	1.0	3.3
Sugars, total	g	--	--	1.00	3.33
Minerals					
Calcium, Ca	mg	--	--	20	67
Iron, Fe	mg	--	--	1.44	4.80
Sodium, Na	mg	--	--	260	867
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.00	3.33
Fatty acids, total monounsaturated	g	--	--	1.00	3.33
Fatty acids, total polyunsaturated	g	--	--	2.00	6.67
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients
CHEESE CRACKERS (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID], SOYBEAN AND PALM OIL

WITH TBHQ FOR FRESHNESS, CHEESE MADE WITH SKIM MILK [SKIM MILK, WHEY PROTEIN, CHEESE CULTURES, SALT, ENZYMES, ANNATTO EXTRACT FOR COLOR], SALT, PAPRIKA FOR COLOR, YEAST, PAPRIKA OLEORESIN FOR COLOR, SOY LECITHIN), PRETZELS (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID], SALT, CORN SYRUP, BARLEY MALT EXTRACT, VEGETABLE OIL [CANOLA, CORN, AND/OR SOYBEAN OIL], LEAVENING [YEAST, BAKING SODA]), BREAD SLICES (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID], CORN, CANOLA AND/OR SOYBEAN OIL, SALT, NON FAT DRY MILK, WHEY, MONOSODIUM GLUTAMATE, CORN SYRUP SOLIDS, SUCROSE, MALTODEXTRIN, TORULA YEAST, GARLIC POWDER, DRIED WORCESTERSHIRE SAUCE [VINEGAR, MOLASSES, CORN SYRUP, SALT, CARAMEL COLOR, GARLIC, SUCROSE, SPICES, TAMARIND, NATURAL FLAVOR, SULFITING AGENTS], ONION POWDER, DRIED MOLASSES, MODIFIED FOOD STARCH, VINEGAR, WHEAT STARCH, CARAMEL COLOR, PARTIALLY HYDROGENATED SOYBEAN OIL, SPICE, DISODIUM INOSINATE, DISODIUM GUANYLATE, SOY FLOUR, YEAST, CITRIC ACID), WHEAT SQUARES (WHOLE WHEAT, SUGAR, SALT), CHEESE FLAVORED RICE BALLS (WHITE RICE FLOUR, VEGETABLE OIL [SUNFLOWER, SAFFLOWER, RICE AND/OR CANOLA OIL], MALTODEXTRIN, SALT, WHEY, CHEDDAR CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES], REDUCED LACTOSE WHEY, BUTTERMILK SOLIDS, NATURAL FLAVOR, ONION POWDER, SUGAR, DISODIUM PHOSPHATE, GARLIC POWDER, AUTOLYZED YEAST EXTRACT, CITRIC ACID, BLUE CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], LACTIC ACID), CONTAINS TWO PERCENT OR LESS OF SOYBEAN OIL WITH TBHQ FOR FRESHNESS, WORCESTERSHIRE SEASONING (MONOSODIUM GLUTAMATE, SALT, CORN SYRUP SOLIDS, SUGAR, MALTODEXTRIN, TORULA YEAST, GARLIC POWDER, WORCESTERSHIRE SAUCE [VINEGAR, MOLASSES, CORN SYRUP, SALT, CARAMEL FOR COLOR, GARLIC, SUGAR, SPICES, TAMARIND, NATURAL FLAVOR, SULFITING AGENTS], ONION POWDER, MOLASSES, MODIFIED FOOD STARCH, VINEGAR, WHEAT STARCH, CARAMEL FOR COLOR, SPICE, DISODIUM INOSINATE, DISODIUM GUANYLATE, SOY FLOUR). *Date Last Updated by Company: 08/06/2016*